

Frequency Terms

Frequency -	The number of times a periodic phenomenon or process occurs in a unit of time, i.e. the number of oscillations of a shaft per minute.
(CPM) -	Cycles Per Minute
Frequency Gradient/Slope -	The progression of cycles per minute between each club in a set.
Flat Line/Single Frequency -	The same cycles per minute for each club in a set.
Frequency Matching -	Building golf club sets to match the desired cycles per minute progression.
Flex -	The designation of a shaft's resistance to bending.
Flexible -	Easily bent, not rigid.
Feel -	Term used to describe the playing characteristics of a golf club shaft.
Circumferential Readings -	Measuring the cycles per minute of a shaft in multiple planes around the shaft's circumference.
Length of Shaft Beam -	Distance from the inside edge of the clamping device at the shaft butt and the center of mass of the frequency (shaft) weight.
Face Plane Oscillation -	Measuring cycles per minute in a shaft plane that is parallel to the face plane of a club.
Dampening -	The effect on CPM readings caused by grips or variation in clamping pressure.
Spine/Spline/Seam -	Terms used to describe differences in stiffness symmetry in the longitudinal axis of a shaft.